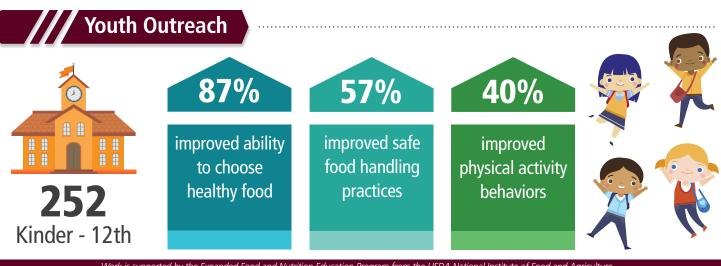
## TEXAS A&M GRILIFE EFNEP TENSION **EXPANDED FOOD AND NUTRITION EDUCATION PROGRAM** Educating Families since 1969 2019 // Willacy County Outreach 80% **3** volunteers made a positive 18 change in one or participants 66 hours more food groups equals \$1,657 **62** in-kind families contribution **Adult Outreach 60%** \$35 80% increased practice better saved on physical activity behaviors family's food resource monthly food management expenses **MyPlate Practices** 100% 100% **60%** CLEAN improved changed diet increased food safety \* quality vegetable intake practices



CHILL

Work is supported by the Expanded Food and the USDA Na

behaviors

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